

## Review

## Emerging Paradigms of G Protein-Coupled Receptor Dephosphorylation

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Elucidation of the molecular mechanisms underlying G protein-coupled receptor (GPCR) dephosphorylation remains a major challenge. While specific GPCR phosphatases (GRPs) have eluded identification, prevailing models propose that receptors must first internalize into acidic endosomes to become dephosphorylated in a housekeeping-like process. Recently, phosphosite-specific antibodies, combined with siRNAs targeting specific phosphatase transcripts, have facilitated the identification of distinct protein phosphatase 1 (PP1) and PP2 catalytic subunits as *bona fide* GRPs. Similar to phosphorylation, GPCR dephosphorylation is temporally and spatially regulated, starting immediately after receptor activation at the plasma membrane and continuing along the endocytic pathway. Dephosphorylation disrupts receptor–arrestin complexes, thus terminating arrestin-dependent signaling. Partially dephosphorylated GPCRs may remain membrane bound for renewed agonist activation while others undergo endocytosis. After internalization, further dephosphorylation facilitates the transition into the recycling pathway, leading to either plasma membrane repopulation or lysosomal degradation. These findings reveal unappreciated cellular sites and regulatory functions of receptor dephosphorylation and call for revised models of the GPCR activation/deactivation cycle.

## Current View of the GPCR Phosphorylation/Dephosphorylation Cycle

GPCRs are the largest family of about 800 cell-surface receptors that regulate almost every physiological function. Agonist activation of a GPCR triggers binding of the associated heterotrimeric G protein, which in turn activates a second-messenger system. For many GPCRs, quenching of this signal involves phosphorylation of the receptor by **GPCR kinases (GRKs)** (see [Glossary](#)) or second messenger-dependent protein kinases such as PKA or PKC. Phosphorylation by GRKs increases the affinity for arrestins, which uncouple the receptor from the G protein and target the receptor to clathrin-coated pits for internalization, thus **desensitizing** the primary signaling. The internalized GPCR is either trafficked to lysosomes for degradation or recycled back through an endosomal pathway to the plasma membrane. Once a GPCR is activated, phosphorylated, and bound to arrestin, return to its resting state requires dissociation or degradation of the agonist, dissociation of the arrestin, and dephosphorylation. This model predicted an essential role for receptor endocytosis: a GPCR had to cycle through endosomal compartments to be dephosphorylated and eventually **resensitized** ([Figure 1](#)).

The large number of GPCRs is in contrast to only six GRKs and 13 catalytic phosphatase subunits that have been identified in the human genome, implying broad enzymatic promiscuity towards their GPCR substrates. However, recently a model of ‘phosphorylation barcoding’ has been proposed in which distinct phosphorylation patterns of various serine (S) and threonine (T)

## Trends

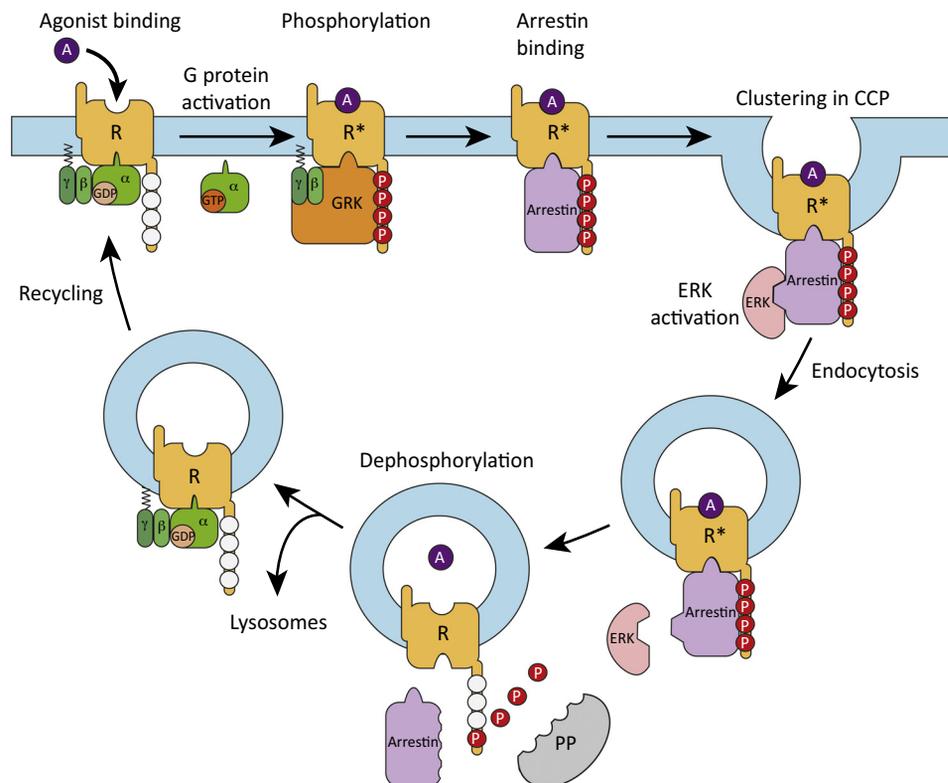
Dephosphorylation is an integral part of the G protein-coupled receptor (GPCR) activation/deactivation cycle and essential for receptor resensitization. However, comparably little is known about the specific protein phosphatases (PPs), kinetic and structural parameters, subcellular localization, and functional contributions of accessory proteins involved in GPCR dephosphorylation.

Recent advances using phosphosite-specific antibodies combined with systematic siRNA knockdown have matched specific phosphatase catalytic subunits from the PP1 and PP2 families with several GPCRs. The GPCR–arrestin complex recruits a specific phosphatase immediately after agonist activation and dephosphorylation continues along the endocytic pathway. GPCR dephosphorylation is also necessary for termination of arrestin-dependent signaling.

Early *in vivo* studies have linked GPCR dephosphorylation with physiological functions such as analgesic tolerance (opioid receptors), thyroid function (thyrotropin-releasing hormone receptor), and diminished drug responsiveness of endocrine tumors (somatostatin receptors).

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#### Trends in Pharmacological Sciences

**Figure 1.** Current View of the G Protein-Coupled Receptor (GPCR) Phosphorylation/Dephosphorylation Cycle. Agonist activation of a GPCR triggers activation of the associated heterotrimeric G protein, which in turn stimulates a second-messenger system. For many GPCRs quenching of this signal involves phosphorylation of the receptor by GPCR kinases (GRKs). Phosphorylation by GRKs increases the affinity for arrestins, which uncouple the receptor from the G protein and target the receptor to clathrin-coated pits (CCPs) for internalization. Once a GPCR is internalized, return to its resting state requires dissociation or degradation of the agonist, dephosphorylation by an endosomal protein phosphatase (PP), and dissociation of the arrestin. Subsequently, the GPCR is either trafficked to lysosomes for degradation or recycled back through an endosomal pathway to the plasma membrane. Thus, the current model predicts an essential role for receptor endocytosis: a GPCR has to cycle through endosomal compartments to be dephosphorylated and eventually resensitized. ERK, extracellular signal-regulated kinase.

residues on the intracellular C-terminal tails of most GPCRs are read by arrestins and direct further signaling [1–4]. It is reasonable to assume that this phosphoserine/threonine barcode may also influence interactions with **PPs**.

Over the past two decades, GPCR phosphorylation has been studied in great detail. Surprisingly little attention has been paid to GPCR dephosphorylation, although these biochemical processes represent two sides of the same coin. Study of PPs interacting with GPCRs has also been hampered by the inherent complexity of phosphatase biochemistry: phosphatases are multimeric holoenzymes in which a catalytic subunit associates with one or more regulatory and/or structural subunits in a cell type-specific manner. As a result, and to date, not one phosphatase holoenzyme has been identified to dephosphorylate a particular GPCR, but merely individual catalytic subunits.

However, the critical importance of dephosphorylation in the GPCR activation/inactivation cycle appears obvious. This review aims to summarize current progress in the identification of

GRPs and their mechanisms of influencing GPCR recycling and thus terminating desensitization and proposes some caveats and strategies to identify specific phosphatase holoenzymes involved in GPCR recycling.

### Identification of GRPs

GRKs, as well as second messenger-dependent kinases such as PKA and PKC, phosphorylate GPCRs on intracellular serine and threonine residues, the majority of which are then dephosphorylated by PP1 or PP2A [5]. These PPs are multisubunit enzymes that achieve specificity by interacting with a wide array of scaffolding and targeting subunits. The PP1 phosphatase family contains three catalytic subunits (PP1 $\alpha$ , PP1 $\beta$ , and PP1 $\gamma$ ) that can bind directly to substrates through numerous conserved motifs or via targeting and scaffolding subunits. Over 150 proteins have been shown to interact with the three PP1 catalytic subunits and this list is certainly incomplete [6]. PP2As are heterotrimers comprising a catalytic subunit, a scaffolding or structural subunit, and a targeting subunit. In addition, mammalian cells express PP2 B (calcineurin), PP3, PP4, and PP5 isoforms, all of which form multimeric enzyme complexes. Rather than the catalytic subunits, the regulatory and structural subunits provide the essential determinants for the subcellular localization, substrate specificity, and fine-tuning of phosphatase activity. In addition, an increasing number of PP inhibitory proteins control the cell's dephosphorylation capacity [7–10].

The first GPCR-specific PP identified was the gene product of *retinal degeneration C* (RDGC), required for rhodopsin dephosphorylation in *Drosophila melanogaster*. The catalytic domain of RDGC exhibits high homology with PP1, PP2, and PP3 [11–13]. Loss of RDGC causes disturbance of light signal transduction and leads to light-dependent retinal degeneration [12]. RDGC binds to calmodulin and a mutation in an IQ motif that eliminates the calmodulin–RDGC interaction prevents dephosphorylation of rhodopsin *in vivo* and disrupts termination of the photoresponse, indicating that RDGC is a calmodulin-dependent PP [14].

At the same time, a PP2A-related phosphatase activity that dephosphorylates  $\beta$ 2-adrenoceptors ( $\beta$ 2ARs) was identified [15,16]. It was proposed that this phosphatase is tethered to vesicular membranes and that receptors have to internalize into an acidic endosomal compartment to become dephosphorylated. However, subsequent work has shown that inhibition of  $\beta$ 2AR internalization with dominant-negative dynamin or hypertonic sucrose did not affect the rate of receptor dephosphorylation [17]. Indeed, dephosphorylation of PKA and GRK sites of  $\beta$ 2ARs can occur upon the plasma membrane and in the cytosol [18,19]. Similarly, dopamine D<sub>1</sub> receptor dephosphorylation was not blocked in the presence of concanavalin A, which also inhibits receptor internalization [20]. More recent studies have shown that phosphatase inhibitors such as okadaic acid and calyculin A can block the dephosphorylation of several GPCRs, including  $\beta$ 2ARs, the dopamine D<sub>1</sub> receptor, parathyroid hormone receptor 1 (PTH1), the thromboxane A receptor (TXA), and vasopressin receptor 1 (V<sub>1</sub>) [17,21–23]. However, all available chemical PP inhibitors lack selectivity for specific catalytic PP subunits. Consequently, the specific phosphatases responsible for the dephosphorylation of these and many other GPCRs eluded identification. Progress had been hampered by two main factors: (i) the mandatory use of radioactive dephosphorylation assays with their inherent lack of spatial and temporal resolution; and (ii) the limited availability and selectivity of chemical phosphatase inhibitors.

Two major technical improvements have recently helped to significantly advance our knowledge: first, the development of phosphosite-specific antibodies, and second, siRNA knock-down of individual GRKs and phosphatase catalytic subunits have produced detailed insights into GPCR phosphorylation and dephosphorylation cycles. A growing list of GPCRs has been investigated closely employing these new experimental tools (Table 1). For the first time, several

### Glossary

**Desensitization:** a physiological/cellular process describing the effect of repeated agonist activation producing diminished subsequent responses of a receptor; at the cellular level, desensitization involves GPCR phosphorylation, arrestin binding, and internalization, effectively disrupting second-messenger signaling.

**G protein-coupled receptor (GPCR) kinase (GRK):** a family of enzymes that specifically phosphorylate activated GPCRs.

**Protein phosphatase (PP):** a family of ubiquitous enzymes involved in dephosphorylation of proteins.

**Resensitization:** a physiological/cellular process describing the recycling and reactivation of desensitized receptors, involving dephosphorylation, dissociation of arrestin, and reinsertion of receptors into the plasma membrane.

Table 1. GPCR Dephosphorylation

GPCR	Phosphoamino acid site	Phosphoamino acid detection method	Phosphatase	PP identification	Cell/tissue model	Refs
$\beta$ 2AR	S <sup>262/355/356</sup>	Phosphorylation site-specific AB	PP1 type	Pharmacological PP inhibitors, including PP1 inhibitor 2	HEK293, A431, heterologous	[14]
$\beta$ 2AR	S <sup>355/356</sup>	Phosphorylation site-specific AB	PP2A	siRNA knockdown of I2PP2A	Neonatal ventricular myocytes from TG mice, heterologous GPCR expression	[25]
5-HT <sub>2A</sub>	S <sup>291</sup> , T <sup>386</sup>	No detailed analysis (internalization as a measure of phosphorylation)	PP2A	Pharmacological PP inhibitors	HEK293, heterologous	[26]
D <sub>1</sub>	n.a.	No detailed analysis	PP2B	Coimmunoprecipitation	Mouse neocortical tissue, endogenous	[58]
D <sub>2</sub>	n.a.	No detailed analysis	PP2A	Coimmunoprecipitation	Mouse renal proximal tubule cells, endogenous	[59]
mGlu <sub>1</sub>	n.a.	No detailed analysis (internalization as a measure of phosphorylation)	PP2A	siRNA knockdown (only against PP2A), overexpression of dominant-negative PP, pharmacological PP inhibitors	HEK293, Neuro2A, heterologous	[27]
mGlu <sub>5</sub>	n.a.	No detailed analysis (internalization as a measure of phosphorylation)	PP2A (PP2B partially)	siRNA (preselection of PP2 family by pharmacological PP inhibitors)	HEK293, Neuro2A, heterologous	[28]
mGlu <sub>7</sub>	S <sup>862</sup>	Phosphorylation site-specific AB	PP1 $\gamma$	Overexpression of dominant-negative PP, direct binding of PP to C-terminal tail	HEK293, transfected primary rat hippocampal neurons, heterologous	[29]
MOR	S <sup>375</sup> , T <sup>370</sup>	Phosphorylation site-specific AB	PP1 $\gamma$	siRNA	HEK293, heterologous	[35]
NK <sub>1</sub>	n.a.	No detailed analysis	PP2A	Pharmacological PP inhibitors, agonist-dependent coimmunoprecipitation with $\beta$ -arrestin1	HEK293, KNRK, heterologous	[43]
sst <sub>2</sub>	T <sup>353/354/356/359</sup>	Phosphorylation site-specific AB	PP1 $\beta$	siRNA, agonist-dependent coimmunoprecipitation with $\beta$ -arrestin1	HEK293, heterologous	[32,51]
	S <sup>341/343</sup>	Phosphorylation site-specific AB	Unknown	siRNA		
sst <sub>2</sub>	T <sup>353/354/356/359</sup>	Phosphorylation site-specific AB	PP2A	Pharmacological PP inhibitors	CHO K1, heterologous	[31]
	S <sup>341/343</sup>	Phosphorylation site-specific AB	Unknown	Pharmacological PP inhibitors		
sst <sub>3</sub>	S <sup>337/361</sup> , T <sup>341/348</sup>	Phosphorylation site-specific AB	PP1 $\alpha$ , PP1 $\beta$	siRNA	HEK293, AtT-20, heterologous	[34]
sst <sub>5</sub>	T <sup>333</sup>	Phosphorylation site-specific AB	PP1 $\gamma$	siRNA	HEK293, heterologous	[33]
TRH	T <sup>365</sup> (S <sup>355/360/364</sup> )	Phosphorylation site-specific AB	PP1 $\alpha$ (PP1 $\beta$ , PP1 $\gamma$ partially)	siRNA, overexpression of dominant-negative PP	HEK293, heterologous GH3, endogenous	[41]

AB, antibody; n.a., not applicable.

critical questions surrounding the GPCR phosphorylation–dephosphorylation cycle can be experimentally addressed. First, individual modified serine/threonine residues can be identified; second, hierarchical orders and kinetics of phosphorylation/dephosphorylation can be studied, together with the functional role of individual phosphoserine/threonine residues in GPCR recycling. In addition, subcellular compartments and the temporal regulation of enzymatic modification may be identified, the identity and regulation of the GRKs and PPs involved in the ‘GPCR cycle’ can be studied, the role of internalization in GPCR resensitization may be resolved, and, finally, *in vitro* and *in vivo* GPCR phosphorylation/dephosphorylation patterns may be correlated.

### Examples of GRPs

The GPCR phosphorylation cycle is probably best studied for  $\beta$ 2ARs. Using chemical PP inhibitors, PP1-type phosphatases were postulated to dephosphorylate  $\beta$ 2ARs [17]. However, previous studies had also suggested members of the PP2 family of phosphatases [24–27]. As Table 1 illustrates, phosphosite-specific antibodies were first used on  $\beta$ 2ARs to elucidate the functional significance of S<sup>355</sup> and S<sup>356</sup> for receptor desensitization and internalization. The same study also demonstrated the importance of PP2A for  $\beta$ 2AR dephosphorylation by siRNA knockdown of an endogenous PP2A inhibitor protein [28]. These conflicting results illustrate the limitations of earlier experimental approaches and underscore the critical importance of precision tools such as phosphosite-specific antibodies and siRNA knockdown of individual PP catalytic subunits, although the latter experimental approach has not yet been applied to  $\beta$ 2ARs.

PP2A was also postulated to dephosphorylate 5-HT<sub>2A</sub> serotonin receptors using pharmacological PP inhibitors, although confirmation of these results by siRNA knockdown has not yet been published [29]. Combinations of chemical PP inhibitors were also used to narrow the field of phosphatases for the metabotropic glutamate receptors mGlu<sub>1</sub> and mGlu<sub>5</sub>. In both cases subsequent siRNA knockdown confirmed PP2A as the enzyme required for receptor recycling back to the plasma membrane [30,31]. These two studies did not directly investigate receptor phosphorylation status or individual phosphoamino acids but used receptor recycling between the plasma membrane and endosomal compartments as readouts. Nevertheless, it appears that reduced expression of PP2A is sufficient to prevent resensitization of mGlu<sub>1</sub> and mGlu<sub>5</sub>.

Agonist-dependent recycling of mGlu<sub>7</sub> was recently linked to PP1 $\gamma$ , as overexpression of a dominant-negative mutant of PP1 $\gamma$  prevented the reinsertion of internalized receptors into the plasma membrane [32]. Moreover, PP1 $\gamma$  coimmunoprecipitated with mGlu<sub>7</sub> and colocalizes with the receptor at the plasma membrane on agonist stimulation [32,33]. However, the functional role of phosphorylation/dephosphorylation of mGlu<sub>7</sub> on S<sup>862</sup> is the opposite of other GPCRs in that constitutive or agonist-induced S<sup>862</sup> phosphorylation stabilizes membrane insertion whereas its dephosphorylation triggers internalization. Therefore, mGlu<sub>7</sub> undergoes agonist-induced endocytosis by activating a phosphatase rather than a kinase like most other GPCRs.

The most profound progress on mechanisms of GPCR dephosphorylation has been made in the somatostatin receptor family. For the somatostatin sst<sub>2</sub> receptor, Ghosh and Schonbrunn reported different spatial and temporal patterns of receptor dephosphorylation [34]. Specifically, reversal of receptor phosphorylation was determined by the duration of prior agonist exposure. They showed that dephosphorylation of T<sup>353</sup>/T<sup>354</sup> was not affected by either hypertonic sucrose or dynasore, which prevent receptor internalization, whereas dephosphorylation of S<sup>341</sup>/S<sup>343</sup> was completely blocked. Dephosphorylation of T<sup>353</sup>/T<sup>354</sup>, but not of S<sup>341</sup>/S<sup>343</sup>, was sensitive to okadaic acid treatment. These results suggested that receptor dephosphorylation is determined by the duration of agonist stimulation and compartment-specific

enzymatic activity and that hierarchical patterns of phosphorylation and dephosphorylation might exist. However, these studies did not identify a specific phosphatase responsible for  $sst_2$  dephosphorylation.

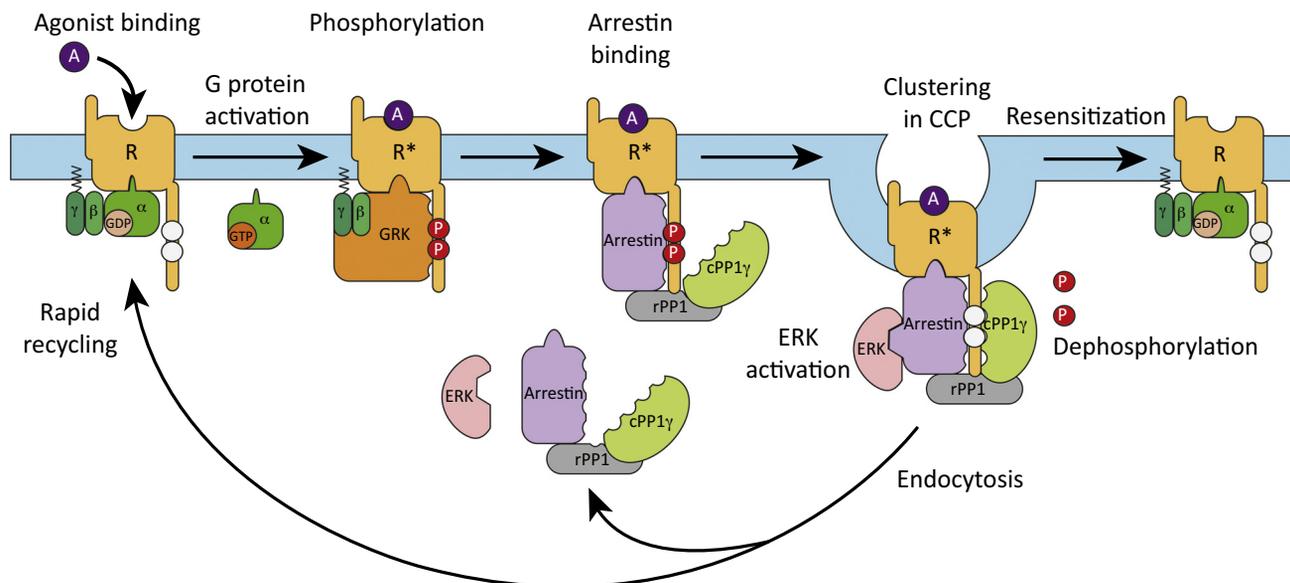
More recently, Pöll *et al.* used a combination of phosphosite-specific antibodies, chemical PP inhibitors, and unbiased siRNA knockdown screening of all catalytic PP subunits to identify the GRP that catalyzes the rapid dephosphorylation of T<sup>353</sup>, T<sup>354</sup>, T<sup>356</sup>, and T<sup>359</sup> of the  $sst_2$  receptor [35]. The phosphatase activity required for rapid dephosphorylation of  $sst_2$  was inhibited in a dose-dependent manner only by calyculin A and not by okadaic acid. Both calyculin A and okadaic acid can effectively block PP2, PP4, and PP5 activity. In contrast to okadaic acid, calyculin A is also a potent inhibitor of PP1 activity, suggesting that members of the PP1 family might dephosphorylate the <sup>353</sup>TTETQRT<sup>359</sup> motif of the  $sst_2$  receptor. Simultaneous knockdown of all three catalytic PP1 subunits confirmed that PP1 activity was required for efficient  $sst_2$  dephosphorylation. Selective inhibition of PP1 $\beta$  expression resulted in enhanced <sup>353</sup>TTETQRT<sup>359</sup> phosphorylation in the presence of agonist and clearly delayed receptor dephosphorylation after agonist removal. Inhibition of PP2A, PP2B, PP4, or PP5 expression did not alter the time course of  $sst_2$  dephosphorylation. Thus, these findings identified PP1 $\beta$  as a *bona fide* GRP for the  $\beta$ -arrestin acceptor site of the  $sst_2$  receptor.

Inhibition of PP1 $\beta$  expression facilitates the detection of phosphorylated  $sst_2$  receptors at the plasma membrane only 5 min after agonist exposure and throughout extended treatment periods. These results strongly suggest that  $sst_2$  receptor dephosphorylation is initiated directly after receptor activation at or near the plasma membrane and confirm earlier findings showing that T<sup>353</sup>/T<sup>354</sup> dephosphorylation did not require receptor internalization [34] (Figure 3). Interestingly, S<sup>341</sup>/S<sup>343</sup> dephosphorylation occurs with a delayed time course, suggesting that  $sst_2$  dephosphorylation may be initiated at the plasma membrane and continues along the endocytic pathway although not precluding a second, as-yet-unidentified enzyme activity for  $sst_2$  dephosphorylation within the cytosol.

Comparative examination of  $sst_5$  and  $sst_2$  somatostatin receptors revealed strikingly different patterns of dephosphorylation and recycling. Whereas fast  $sst_5$  trafficking correlates with rapid T<sup>333</sup> phosphorylation and dephosphorylation,  $sst_2$  recycling appears to be delayed due to slower dephosphorylation (Figures 2 and 3). Analysis of  $sst_5$  using chemical PP inhibitors and siRNA knockdown screening revealed that T<sup>333</sup> dephosphorylation is inhibited in a dose-dependent manner only by calyculin A and not by okadaic acid, suggesting that PP1 activity was required. siRNA knockdown experiments confirmed that only PP1 $\gamma$  knockdown results in robust inhibition of  $sst_5$  dephosphorylation [36]. These results suggest PP1 $\gamma$  to be the predominant GRP responsible for rapid T<sup>333</sup> dephosphorylation of  $sst_5$ .

Using the same experimental strategy, the phosphorylation and dephosphorylation of  $sst_3$  was recently deciphered, showing that S<sup>337</sup>/S<sup>361</sup> and T<sup>341</sup>/T<sup>348</sup> are critical for receptor recycling and are likely a substrate for PP1 $\alpha$  and PP1 $\beta$  [37]. The study also revealed significantly different kinetic rates for receptor phosphorylation (occurring within seconds) and dephosphorylation (on the order of minutes).

For the mu-opioid receptor (MOR), another member of the family of peptide-ligand GPCRs, PP1 $\gamma$  was recently identified to catalyze T<sup>370</sup> and S<sup>375</sup> dephosphorylation at or near the plasma membrane within minutes after agonist removal, thus facilitating receptor recycling [38] (Figure 2). Knockdown of PP1 $\gamma$  expression by siRNA significantly attenuated MOR recycling to the plasma membrane. The study also demonstrated unexpected agonist-dependent phosphorylation patterns for MOR, including agonist-selective recruitment of GRKs, suggesting a distinct phosphorylation hierarchy and biased signaling of different types of agonist.



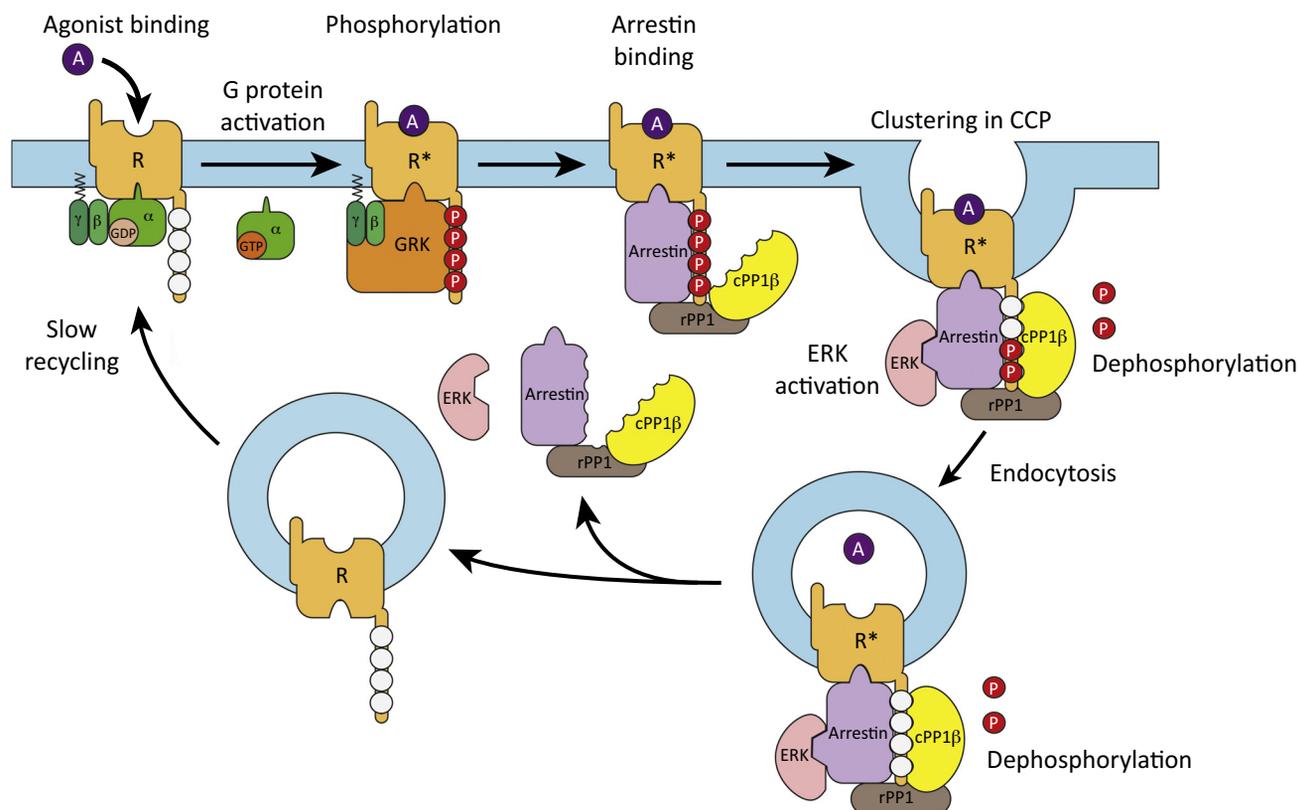
## Trends in Pharmacological Sciences

**Figure 2.** Proposed Model of Fast G Protein-Coupled Receptor (GPCR) Dephosphorylation. For GPCRs undergoing fast dephosphorylation, including the mu-opioid receptor (MOR) and the  $ss_5$  receptor, the catalytic protein phosphatase 1 gamma (cPP1 $\gamma$ ) subunit was identified to catalyze serine/threonine dephosphorylation at the plasma membrane within seconds to minutes after agonist removal. Typically, these GPCRs form unstable complexes with arrestins that are rapidly disrupted. After dephosphorylation the receptor is either resensitized at the plasma membrane or recycled back through an endosomal pathway. Regulatory PP1 (rPP1) subunits involved in this process have not yet been identified. ERK, extracellular signal-regulated kinase.

Specifically, the peptidic full agonist DAMGO was found to recruit GRK2 and GRK3 to promote phosphorylation of T<sup>370</sup> and S<sup>375</sup> while morphine selectively recruited GRK5 to the receptor complex, producing only S<sup>375</sup> phosphorylation. This concept was later extended by showing that high-efficacy MOR agonists promote higher-order phosphorylation via GRK2/3 activation whereas morphine-induced GRK5-dependent phosphorylation of S<sup>375</sup> alone results in attenuated  $\beta$ -arrestin mobilization and limited receptor internalization [39–41]. Together, these observations were hypothesized to contribute to morphine-induced tolerance and dependence [40,42].

In mouse embryonic fibroblasts from  $\beta$ -arrestin2 knockout mice, the G<sub>q</sub>-coupled thyrotropin-releasing hormone (TRH) receptor is rapidly dephosphorylated at the cell membrane and unable to undergo significant internalization on agonist stimulation, consistent with the role of  $\beta$ -arrestin in GPCR recycling [43]. Using an unbiased siRNA library against all PP catalytic subunits and chemical PP inhibitors, Gehret and Hinkle (2013) recently linked PP1 $\alpha$  to TRH receptor dephosphorylation. They showed that inhibition of PP1 $\alpha$  synthesis and overexpression of dominant-negative PP1 $\alpha$  preserved receptor phosphorylation whereas overexpression of PP1 $\alpha$  accelerated dephosphorylation. However, knockdown of all three PP1 catalytic subunits suppresses TRH receptor dephosphorylation much more powerfully than knockdown of PP1 $\alpha$  alone, suggesting that different PP1 isoforms could function redundantly [44]. Importantly, the TRH receptor phosphorylation cycle was also confirmed in GH3 cells, which were derived from a pituitary tumor and express the TRH receptor endogenously [45].

Agonist-induced and  $\beta$ -arrestin-dependent association of PP2A with neurokinin receptor 1 (NK<sub>1</sub>) was demonstrated by coimmunoprecipitation [46]. The study also showed that this process occurred predominantly at the plasma membrane where a majority of NK<sub>1</sub> resides after agonist-induced desensitization. The authors concluded that recruitment of PP2A to a pool of



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**Figure 3.** Proposed Model of Slow G Protein-Coupled Receptor (GPCR) Dephosphorylation. For GPCRs undergoing slow dephosphorylation, such as the *sst*<sub>2</sub> receptor, the catalytic protein phosphatase 1 beta (cPP1 $\beta$ ) subunit was identified to catalyze serine/threonine dephosphorylation. Typically, these GPCRs form stable complexes with arrestins that co-internalize into the same endocytic vesicles. This dephosphorylation process is initiated at the plasma membrane and continues along the endosomal pathway. PP1 $\beta$ -mediated dephosphorylation promotes dissociation of arrestins and hence facilitates the quenching of arrestin-dependent signaling. Subsequently, the GPCR is recycled back through an endosomal pathway to the plasma membrane. Regulatory PP1 (rPP1) subunits involved in this process have not yet been identified. GRK, GPCR kinase; ERK, extracellular signal-regulated kinase.

desensitized, phosphorylated, and  $\beta$ -arrestin-bound NK<sub>1</sub> residing in the plasma membrane might be a key step in rapid resensitization of the receptor, in contrast to the slow endosomal recycling pathway. However, treatment with the chemical PP inhibitors okadaic acid and fostriecin attenuated only a relatively small fraction of NK<sub>1</sub> resensitization, indicating that additional enzymatic activities are required for rapid NK<sub>1</sub> dephosphorylation. Unbiased siRNA knockdown of individual PP catalytic subunits might reveal additional phosphatase activities involved in the rapid recovery of NK<sub>1</sub>. Also, the phosphorylation patterns and contributions of individual serine/threonine residues of NK<sub>1</sub> have not yet been mapped. It is therefore too early to conclude whether PP2A is the predominant PP involved in NK<sub>1</sub> recycling [47].

The currently available data using the more specific siRNA knockdown screening of phosphatase activities suggest an intriguing picture: PP1-like phosphatases appear to interact predominantly with peptide GPCRs, whereas GPCRs with small-molecule ligands such as adrenoceptors and dopaminergic and metabotropic glutamate receptors might be preferred substrates for PP2-type PPs (Table 1). Clearly, future studies are required to substantiate this early hypothesis and delineate structural motifs or specific accessory protein mechanisms mediating substrate selectivity.

### Subcellular Location of GPCR Dephosphorylation

Early work on  $\beta$ 2ARs suggested that dephosphorylation was critically dependent on internalization and would thus occur almost exclusively in endosomal compartments [48]. As mentioned above, these studies were limited by the low spatial resolution of the  $^{32}\text{P}$  radioactive labels used in the experiments, which could not differentiate between individual phosphoserine/threonine residues. Only since the introduction of phosphosite-specific antibodies, combined with confocal laser microscopy, has it been revealed that phosphorylated GPCRs may reside in the plasma membrane and undergo rapid resensitization. Almost every recent study of GPCR dephosphorylation has now concluded that phosphatase activity is recruited immediately to the GPCR–arrestin complex at or near the plasma membrane. A significant fraction of phosphorylated GPCRs then undergoes at least partial dephosphorylation and is resensitized without entering intracellular compartments. Such a mechanism has now been shown for  $\beta$ 2ARs, three somatostatin receptor subtypes ( $\text{sst}_2$ ,  $\text{sst}_3$ , and  $\text{sst}_5$ ), MOR, the TRH receptor, mGlu $_1$  and mGlu $_5$ , and NK $_1$ , albeit using different methodologies and experimental tools.

The exact contribution of GPCR dephosphorylation to receptor resensitization has recently been questioned after an in-depth analysis of the  $\beta$ 2AR phosphorylation cycle [17]. The authors concluded that although dephosphorylation of  $\beta$ 2ARs started immediately at the plasma membrane, it may not be required for receptor resensitization; rather, dissociation of  $\beta$ -arrestin on agonist removal appeared to be most critical. The most compelling evidence for this hypothesis was the observation that GRK-site-phosphorylated  $\beta$ 2ARs resided in the plasma membrane but were able to induce renewed adenylate cyclase stimulation if previous agonist had been removed; thus, they were fully resensitized yet still phosphorylated. Only under conditions of persistent agonist presence do  $\beta$ 2ARs undergo internalization, where both agonist dissociation and dephosphorylation occur in acidified endosomal compartments. These observations challenge the meaning of dephosphorylation as a mandatory requirement for receptor resensitization. Nevertheless, they also confirmed that GPCR dephosphorylation starts at the plasma membrane, probably by recruitment of PPs to the GPCR–arrestin complex. Further dephosphorylation may then continue along the endocytic pathway. It is currently unknown whether, once recruited, phosphatases co-internalize together with their GPCR substrates or whether different endosomal phosphatases newly engage their substrates once they have entered endosomal structures. All experiments using chemical PP blockers or siRNA knockdown indicate that more than one phosphatase activity contributes to complete GPCR dephosphorylation, which may also reside in different cellular compartments. Future studies capable of resolving PP isoforms at the subcellular level may help to answer this question. It is noteworthy that all recent studies agree on the conclusion that internalization is not required for GPCR dephosphorylation and resensitization, that dephosphorylation occurs at the plasma membrane, and that complete GPCR dephosphorylation is not required for receptor resensitization.

### Specificity and Selectivity of PP Recruitment

An important question that remained unanswered in the aforementioned studies on dephosphorylation is what determines the activity and localization of phosphatases at the plasma membrane and how is substrate specificity ensured?

GPCR dephosphorylation has long been viewed as an unregulated process of limited functional significance. Initial evidence suggests that PP1 $\beta$ -mediated  $^{353}\text{TTETQRT}^{359}$  dephosphorylation of the  $\text{sst}_2$  receptor may play a role in fine-tuning unconventional  $\beta$ -arrestin-dependent signaling. GRK2/3-driven phosphorylation of the  $^{353}\text{TTETQRT}^{359}$  motif is essential for  $\beta$ -arrestin binding that facilitates  $G_i$  protein-independent, but  $\beta$ -arrestin-dependent, extracellular signal-regulated kinase (ERK) activation [35,49]. Inhibition of PP1 $\beta$  expression results in a robust increase in  $\beta$ -arrestin-dependent ERK activation in somatostatin-treated human

embryonic kidney 293 (HEK293) cells that stably express the  $sst_2$  receptor [35]. This effect was not observed after exposure to epidermal growth factor (EGF) (inducing heterologous  $sst_2$  phosphorylation) or after inhibition of PP1 $\alpha$  or PP1 $\gamma$  expression under otherwise identical conditions, suggesting that diminished PP1 activity does not directly lead to a general enhancement of ERK excitability [35]. These findings suggest a model in which engagement of PP1 $\beta$  facilitates GPCR dephosphorylation, which in turn leads to disruption of the  $\beta$ -arrestin–GPCR complex and thereby limits  $\beta$ -arrestin-dependent ERK signaling. The importance of dephosphorylation for disruption of the GPCR–arrestin complex has been verified for several GPCRs, including  $\beta$ 2ARs, NK $_1$ , and the TRH receptor, and could therefore suggest a common mechanism.

$\beta$ -Arrestins serve as scaffolds to facilitate receptor internalization and initiate a second wave of signaling [50–53]. However, it is unknown how PP-targeting subunits can bring the phosphatase holoenzyme complex into proximity with phosphorylated GPCRs. Kliewer *et al.* have shown that siRNA knockdown of  $\beta$ -arrestin1 strongly inhibits  $sst_2$  receptor dephosphorylation. Coimmunoprecipitation experiments demonstrate that  $\beta$ -arrestin1 and PP1 $\beta$  exist as a constitutive complex that mediates rapid dephosphorylation of  $sst_2$  receptors at or near the plasma membrane. By contrast,  $\beta$ -arrestin2 is not essential for rapid  $sst_2$  receptor dephosphorylation. Together these findings reveal a novel scaffolding function of  $\beta$ -arrestin1 that facilitates efficient targeting of PP1 $\beta$  to phosphorylated GPCRs [54]. Similar observations were made for  $\beta$ 2AR, NK $_1$ , and the TRH receptor, suggesting a model in which a particular  $\beta$ -arrestin isoform in complex with the phosphorylated carboxyl-terminal GPCR tail provides a structural framework for selective recruitment of particular PP isoforms.

At the level of GPCR carboxyl-terminal sequences and their phosphorylated serine/threonine residues, it is unclear which mechanisms regulate PP selectivity and specificity. It is possible that carboxyl-terminal phosphorylation motifs, specific sequences within the intracellular loops of the receptor, or  $\beta$ -arrestin trafficking patterns may contribute to phosphatase selection.

We have recently observed that closely related somatostatin receptor subtypes can be dephosphorylated by distinct PP1 isoforms. However, it was unknown which GPCR domain directs the engagement of specific PP1 isoforms with the receptor. Transplantation of the  $sst_2$  tail to the  $sst_5$  receptor led to predominant dephosphorylation by PP1 $\beta$  whereas the reverse transplantation resulted in predominant dephosphorylation by PP1 $\gamma$  [55]. Moreover, swapping the cytoplasmic tails led to complete reversal of the trafficking profiles of these two receptors.

The remarkable selectivity in the recruitment of specific PP1 catalytic subunits to individual somatostatin receptor subtypes is surprising. PP1 catalytic subunits bind to their regulatory subunits and some substrates in a mutually exclusive manner through a conserved RVxF motif. The three isoforms of the PP1 catalytic subunit share greater than 90% sequence identity, including the regions that interact with the RVxF sequence. However, neither the human  $sst_2$  nor the  $sst_5$  receptor contains a potential PP1-binding motif in its carboxyl-terminal tail, suggesting that somatostatin receptors do not bind to PP1 exclusively by the canonical RVxF motif. Instead, the association with PP1 may occur directly through a noncanonical interaction or multiple weak interactions or indirectly via one or more regulatory subunits of PP1. Such PP-targeting subunits are prime candidates for bringing phosphatases into proximity with phosphorylated GPCRs. Nevertheless, the identity of such PP1-targeting subunits remains to be elucidated for both  $sst_2$  and  $sst_5$ , although the existing data clearly indicate that the carboxyl-terminal regions of different somatostatin receptor subtypes contain important structural determinants for their PP1 selectivity [55].

Further increasing the complex picture of PP recruitment was the observation that various scaffolding A-kinase-anchoring proteins (AKAPs) are involved in targeting phosphatases to the  $\beta$ AR complex [56]. One of the AKAPs, gravin, has been shown to associate with  $\beta$ ARs and its interaction increases with agonist stimulation, recruiting PP2A to the receptor complex [24,25,56]. Another AKAP, AKAP 79, associates with  $\beta$ ARs as a multiprotein complex containing PP2b (calcineurin) and PKA [26,27]. These studies suggest that dephosphorylation could occur due to factors present constitutively at the plasma membrane or that are recruited following agonist stimulation. Once these components are present in the complex, they may promote  $\beta$ AR dephosphorylation at the plasma membrane and/or in endosomal compartments.

Finally, there is also an emerging role for endogenous PP inhibitors in the regulation of GRP activity. The observation that phosphoinositide 3-kinase gamma (PI3K $\gamma$ ) increases  $\beta$ AR desensitization and its absence leads to preservation of receptor function laid the foundation for the hypothesis that PI3K $\gamma$  may inhibit  $\beta$ AR resensitization [57–59]. Inhibition of PI3K $\gamma$  results in significant activation of PP2A, because endogenous PI3K $\gamma$  inhibits PP2A by phosphorylating the intracellular inhibitor of PP2A (I2PP2A), resulting in enhanced binding of I2PP2A to PP2A [28]. The observation that  $\beta$ AR internalization is significantly attenuated by inhibition of PI3K $\gamma$ , whereas dephosphorylation of  $\beta$ ARs continues under these conditions, indicates that receptors can effectively undergo dephosphorylation and resensitization at the plasma membrane [60].

### Evidence for Direct Interaction of PPs and GPCRs

Direct interaction of PPs and GPCRs has been demonstrated by coimmunoprecipitation for only a few receptors. *sst*<sub>2</sub> was found in a constitutive complex with  $\beta$ -arrestin1 and PP1 $\beta$  [54]. Likewise, NK<sub>1</sub> coimmunoprecipitated with  $\beta$ -arrestin1 and PP2A [46]. A yeast two-hybrid screen with the carboxyl-terminal tail of mGlu<sub>7</sub> identified the catalytic subunits of PP1 $\gamma$ 1 and PP1 $\gamma$ 2 as binding partners [33]. Dopamine D<sub>1</sub> receptors were shown in complex with PP2B, while dopamine D<sub>2</sub> receptors pulled down the PP2A catalytic subunit and regulatory subunit PPP2R2C in renal tissues [61,62]. These examples illustrate how little evidence of such GPCR–PP interaction is currently available yet how critical these types of experiments will be for further understanding of the multiprotein complexes that are involved in the GPCR phosphorylation/dephosphorylation cycle.

### *In vivo* Correlation

Traditionally, GPCR phosphorylation/dephosphorylation cycles have been studied exclusively *in vitro* in heterologous cellular environments by overexpressing the respective GPCR. In a few cases, cell lines expressing a particular GPCR endogenously have also been used. Thus far, *in vivo* agonist-dependent GPCR phosphorylation has been investigated only for MOR, *sst*<sub>2</sub>, and TRH, while *in vivo* dephosphorylation data are available only for MOR. Importantly, no specific PP has been identified to dephosphorylate a particular GPCR *in vivo*. The scarcity of data probably reflects the difficulty of finding tissue preparations that express sufficient quantities of a particular GPCR *in vivo*. A certain enrichment of GPCR protein is sometimes present in highly specialized and rather homogeneous endocrine glands, which were used in the case of *sst*<sub>2</sub> and TRH.

*sst*<sub>2</sub> is an important drug target in the treatment of neuroendocrine tumors [63]. However, the responsiveness of the tumor tissue diminishes after prolonged (> 1 year) treatment with the stable somatostatin analog octreotide [64]. This high clinical relevance prompted investigations into *sst*<sub>2</sub> phosphorylation *in vivo*. In rat pituitary and pancreas and in agreement with the *in vitro* data, octreotide was found to stimulate complete phosphorylation of all four threonine residues

in the  $^{353}\text{TTETQRT}^{359}$  cluster of the carboxyl terminal tail, followed by receptor internalization, when rats were treated with the agonist [49]. Interestingly, another stable somatostatin analog, pasireotide or SOM230, failed to stimulate  $\text{sst}_2$  phosphorylation and internalization *in vivo*, suggesting biased signaling. Direct investigation of  $\text{sst}_2$  in human neuroendocrine tumor samples revealed that  $\text{sst}_2$  phosphorylation is observed only in octreotide-treated patients, where most  $\text{sst}_2$  receptors are found internalized, whereas in octreotide-naïve biopsy samples all  $\text{sst}_2$  protein remained unphosphorylated and on the cell surface [65]. Furthermore, levels of internalization correlated with octreotide dose and treatment duration. Although Waser *et al.* used phosphosite-specific antibodies directed against  $\text{S}^{341}/\text{S}^{343}$  to detect phosphorylated  $\text{sst}_2$  and the data are thus not directly comparable to the *in vivo* studies in rats, these results highlight the clinical importance of GPCR phosphorylation as they might help to explain therapeutic responses and the consequences of long-term treatment.

Regarding the TRH receptor, staining of rat pituitary tissue with a phosphosite-specific antiserum demonstrated the presence of phosphorylated TRH receptors in cells secreting thyroid-stimulating hormone (TSH) or prolactin, as expected. In addition, staining increased significantly after treatment of the animals with TRH, showing that agonist-dependent phosphorylation of the native TRH receptor occurs *in vivo* [66].

Due to its prominent role in opioid addiction, MOR *in vivo* phosphorylation was studied in great detail and distinct differences to the *in vitro* data were observed [42]. Most importantly, hierarchical and agonist-specific MOR phosphorylation was replicated in mouse brain tissue, including the first-ever direct quantification of phosphorylated MOR peptide fragments by mass spectrometry [40]. All MOR agonists, including morphine, were found to promote  $\text{S}^{375}$  phosphorylation *in vivo*. However, a phosphorylation-deficient mutant mouse (S375A) revealed that the development of analgesic tolerance to repeated administration of high-efficacy agonists critically depends on  $\text{S}^{375}$ . Paradoxically, morphine-induced tolerance appears to involve a mechanism independent of  $\text{S}^{375}$  phosphorylation [42]. In addition, the importance of GRK3 and GRK5 for MOR phosphorylation and its relation to morphine reward and dependence was demonstrated *in vivo* [40]. Dephosphorylation of MOR at  $\text{S}^{375}$  occurs shortly after agonist clearance and MOR is fully dephosphorylated after 8 h, whereas analgesic tolerance to morphine persists even after 12 h [42]. The *in vivo* data on MOR phosphorylation and dephosphorylation provide a cautionary example when extrapolating *in vitro* observations to complex *in vivo* functions such as analgesic tolerance. However, at the biochemical level a widespread overlap between heterologous *in vitro* expression systems and agonist-induced MOR phosphorylation in mouse brain is encouraging, supporting the translational power of such models.

### Some Caveats

The power of phosphosite-specific antibodies and siRNA knockdown of gene products in the study of GPCR phosphorylation/dephosphorylation cycles is obvious and the combination of the two tool sets will greatly improve the interpretability and comparability of data in future studies. Conversely, our knowledge regarding GPCR phosphorylation and GRPs remains incomplete since not all available studies have employed the same high-quality methods. For example, the identity of any phosphorylated serine/threonine residues is unknown for  $\text{mGlu}_1$ ,  $\text{mGlu}_5$ , and  $\text{mGlu}_7$ , and for  $\text{NK}_1$ . Likewise, many earlier studies used chemical PP inhibitors to 'prescreen' potential phosphatase candidates that were then confirmed by a targeted siRNA knockdown approach (e.g.,  $\text{mGlu}_1$ ,  $\text{mGlu}_5$ ). Also, no siRNA knockdown of PP2A has unequivocally demonstrated the importance of this enzyme for  $\beta 2\text{AR}$  dephosphorylation. Unbiased siRNA knockdowns of all possible PP catalytic subunits have been performed for only a few GPCRs. It is therefore conceivable that additional PPs contributing to GPCR

dephosphorylation have been missed. Furthermore, all matches between GPCRs and PPs obtained with chemical PP inhibitors should be viewed as preliminary.

A caveat persists in the siRNA approach itself: knockdowns are never complete but only produce a relative low abundance of transcripts and derived proteins. Depending on the stability of both the siRNA and the previously translated protein, the effect size of RNA knockdowns can be limited. This is illustrated by the often incomplete inhibition of GPCR dephosphorylation after siRNA knockdown of specific PP catalytic subunits. Given the multitude of GPCRs and the limited number of PPs, it is most likely that a certain level of PP promiscuity exists, although preferential enzyme–substrate interaction has been demonstrated for all GPCRs under investigation. Ultimately, the demonstration of direct GPCR–phosphatase interaction by unbiased pull-down assays and proteomic analysis will be necessary to identify all phosphatases participating in GPCR dephosphorylation. Such pull-down assays will also be crucial in identifying PP holoenzymes, including all elusive regulatory and structural subunits, which may finally help to explain substrate and targeting specificity. It should, however, be mentioned that available kinetic data indicate a rather short interaction period between the phosphatase and the GPCR substrate, which would certainly impede their identification by pull-down assays.

Beyond linguistics, careful attention should be paid to the terms ‘desensitization’, ‘internalization’, and ‘receptor resensitization’. Much experimental evidence suggests that each represents a specific stage in the GPCR life cycle and can be functionally separated. As we know now, for instance, GPCRs can be desensitized ‘*in situ*’ at the plasma membrane without undergoing internalization. Likewise, GPCR phosphorylation does not mandate internalization, nor is full dephosphorylation required for resensitization. Similarly, internalized GPCRs may continue unconventional signaling. Thus, internalization should not be viewed as equivalent to desensitization.

Finally, caution should prevail about the generalization of data obtained from heterologous expression systems. Thus far, agonist-induced *in vivo* phosphorylation of only three GPCRs has been investigated in some detail. Good correlation between *in vitro* and *in vivo* data was found for biochemical measures such as agonist-dependent phosphorylation patterns, agonist-induced internalization, and recycling of internalized receptors after agonist removal. However, no specific PP–GPCR interaction has yet been identified *in vivo*. Obviously, further studies on other GPCR phosphorylation/dephosphorylation cycles are required in suitable *in vivo* models to strengthen the significance of the *in vitro* data and possibly link them with complex physiological functions.

### Concluding Remarks

GPCR dephosphorylation has long been the stepchild of the much better studied events underlying GPCR phosphorylation, although both events are intimately linked. Recent progress and the introduction of novel experimental tools such as phosphosite-specific antibodies and siRNA knockdown have benefited both fields and helped especially to advance our understanding of GPCR dephosphorylation. Distinct phosphorylation and dephosphorylation patterns of the carboxyl-terminal receptor domains have been elucidated for several GPCRs with the help of phosphosite-specific antibodies. The functional significance of individual phosphoserine/threonine residues for arrestin recruitment, for internalization, or as a determinant of phosphatase selectivity has been mapped. Domain swaps in somatostatin receptors have demonstrated that GRP specificity is primarily determined by the carboxyl-terminal tail. GPCR dephosphorylation is initiated at the plasma membrane and continues along the endocytic pathway. Alternatively, other, as-yet-unidentified enzyme activities may be responsible for dephosphorylation within the cytosol.

### Outstanding Questions

What are the identities and functional roles of phosphorylated serine/threonine residues in the GPCR carboxyl-terminal domain in dephosphorylation and GPCR recycling?

What is the hierarchical order and kinetics of phosphorylation/dephosphorylation at specific serine/threonine residues?

In which subcellular compartments does GPCR phosphorylation/dephosphorylation occur and how are enzymatic modifications spatially and temporally regulated?

What are the kinases and phosphatases for each GPCR? What are the identities of structural/targeting subunits in phosphatase holoenzymes and how do they confer substrate specificity?

Is dephosphorylation required for receptor internalization and how important is internalization for GPCR resensitization?

How well are *in vitro* and *in vivo* GPCR phosphorylation/dephosphorylation patterns correlated and is dephosphorylation linked to specific physiological processes in the organism?

GPCRs have been classified based on their  $\beta$ -arrestin interaction. Class A GPCRs, such as  $\text{sst}_5$ , form relatively unstable  $\beta$ -arrestin complexes, internalize without  $\beta$ -arrestin, and recycle rapidly, while their endocytosis is driven by phosphorylation [67]. Class B receptors, such as  $\text{sst}_2$ , form stable  $\beta$ -arrestin complexes that co-internalize and recycle slowly. It is currently too early to say whether such differences in arrestin interaction also affect phosphatase recruitment. Clearly, they do not constitute a specificity signature that may assist in selecting distinct PP families. By contrast, the few currently available data suggest that ligand size rather than intracellularly associated proteins may determine preferential PP interaction. More precisely, it appears that PP1-family phosphatases act predominantly on peptide–ligand GPCRs whereas PP2-type phosphatases may prefer GPCRs with small-molecule ligands.

Rapid dephosphorylation of plasma membrane-bound GPCRs has emerged as an important mechanism in receptor resensitization. The observation that  $\beta$ -arrestin1 and PP1 $\beta$  exist as constitutive complexes mediating rapid dephosphorylation of  $\text{sst}_2$  receptors at or near the plasma membrane may be the biochemical equivalent. We propose that rapid GPCR dephosphorylation by PPs is a crucial step in a variety of distinct, interdependent cellular functions including receptor resensitization, termination of  $\beta$ -arrestin signaling, and initiation of endosomal G protein signaling.

Future studies investigating the phosphorylation/dephosphorylation cycles of GPCRs should adhere to more standardized protocols using phosphosite-specific antibodies and siRNA knockdown to increase comparability when matching a certain phosphatase to a GPCR (see Outstanding Questions). Unbiased siRNA screens are especially useful in this respect. For the more distant future, it is hoped that proteomic analyses will lead to the identification of PP holoenzyme complexes. Knowledge of the targeting and regulatory subunits associated with the PP catalytic domain will be essential for better understanding of the molecular basis of GPCR–PP substrate specificity.

Additional *in vivo* studies are clearly needed to validate existing *in vitro* data. Finally, suitable mouse models carrying point mutations of GPCR phosphorylation sites may be employed more commonly to investigate complex physiological functions that are hypothesized to be modulated by GPCR phosphorylation/dephosphorylation cycles (see Outstanding Questions).

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